PLAY LIKE A CHAMPION

The Diocese of Covington partnered with Play Like a Champion Today which is a national coach and parent education program designed specifically to elevate the culture of Catholic school-sponsored sports. Winning-at-all-costs coaching, sports specialization, and parent “sports rage” are just a few of the problems eroding the sports culture today.

Originating at the University of Notre Dame, this research-based program was crafted by leaders in the fields of sport psychology, coaching education, Catholic theology and moral development. Play Like a Champion works in partnership with schools by educating coaches and parents to enable sports to be more safe, fun, and developmentally enriching. Athletics can develop our youth not only physically, but socially, morally and spiritually when we bring our deeply held catholic values into the athletic journey.

Some of the benefits of the partnership include:

- The Play Like a Champion workshop is accredited by the National Council for

Accreditation for Coaching Education (NCACE)

- Support for coaches to understand their role as ministers of our Church

- An emphasis on the spiritual nature of sport, including faith formation through athletics

- A Comprehensive Coaching for Character and Sport Parent Development Manual

- Research-based motivational and team-building strategies

- A comprehensive approach to building character and morality through sport

- Best practices in developing positive relationships with parents

- Community building opportunities with fellow coaches and parents

For more information on the Play Like a Champion Today Character Education Through Sports Initiative, visit the website at [www.playlikeachampion.org](http://www.playlikeachampion.org).

All Blessed Sacrament coach’s will be required to complete this training along with their Virtus training as well. A list of available classes can be found inside your Virtus account at:

<https://www.virtusonline.org/mytraining/live_registration.cfm>